



The Fundamentals of Winning

“For Each Other”

Confidence

- Trust creates confidence
- Identity: Who. What. Why.
- Act like what you want to be

Commitment

- Desire fuels discipline
- Pre-determined discipline
- Empower. Incentivize. Transparent.

Leadership

- Lead by example
- Pro-actively inspire - Create Connection!
- Own the results

Desire to Win

- Win your preparation
- Absolutely crush the competition
- Win all outcomes

Failure Analyzation

- Identify controllable corrections.
- In weakness: Max effort + focus = opportunity
- Forgive yourself: Eyes up. Next target.

Mental Toughness

- Embrace the suck!
- Interrupt the cycle-Value vs. Justification
- Let Go. Lock In. Win the fight in front of you!

Team-First Mind

- Service vs. Status
- Brotherhood = Differences < Greater Cause
- Against, With, or For Each Other.

Communication

- Calm is contagious
- Attack problems not people
- Develop relationships

High Pressure Checklist

- Free yourself from requirement of outcome
- Be thankful
- Spark confidence through self-talk

Never Quit

- Break big things into small pieces
- The critical step
- Do the next right thing

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